

Omega 3/It regulates triglycerides' metabolism.

N+S Nature System is **Cinfa's** nutrition solution brand for a comprehensive health care.

Our experience, technology and knowledge allow us to make a selection of the most suitable active ingredients and provide them on the nutritionally correct amount.

This is how the solutions we offer meet the different needs for improving life quality.

N+S Nature System, your new ally to improve your health through nutrition.

Omega 3 fatty acids are essential fats that human body cannot produce from other substances and therefore they must be obtained from your diet.

Omega 3 fatty acids are found in high proportions in certain types of fish, in some vegetables, in certain algae and in nuts.

DHA is one of the most important Omega 3 fatty acids. An adequate intake is essential to help maintain a good health.

DHA has a structural function, in other words, it is part of the cell membranes. It plays a significant role in physiological functions contributing to triglycerides metabolism control.

Fish feed on algae, which are part of sea water's phytoplankton. These microalgae are DHA main producers; extracting these fatty acids from them represents a high purity on its origins.

Because of its high nutritional value **N+S Omega 3** is recommended as a dietary supplement.

DHA (source: *Schizochytrium* sp.): vegetable essential fatty acid for the development and maintenance of optimal health. Micro algae are the primary Omega 3 source, hence its high DHA content. Because they do not contain environmental pollutants, fatty acids coming from micro algae are better tolerated since they have a non fishy neutral aroma and taste.



USE AS DIRECTED: Take one capsule a day with a glass of water. Do not take this supplement if you are allergic to any of the components.

European food agencies consider that DHA based nutritional supplements help control triglyceride levels. In the event of high triglycerides the daily dose may be increased up to 10 capsules.

NUTRITION FACTS

	Per capsule	Per 100g
Calories	5.9 Kcal (24.2KJ)	723.4 Kcal (3137.1 KJ)
Proteins	0.109 g	14.14 g
Carbohydrates	0.071 g	9.21 g
Fats	0.571 g	74.06 g

INGREDIENTS:DHA 35% (source: *Schizochytrium* sp.); coating agent (gelatin); emulsifier (glycerol); food colouring (E104).



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