

## Menopause/It helps relieve hot flashes and irritability.

**N+S Nature System** is **Cinfa's** nutrition solution brand for a comprehensive health care.

Our experience, technology and knowledge allow us to make a selection of the most suitable active ingredients and provide them on the nutritionally correct amount.

This is how the solutions we offer meet the different needs for improving life quality.

**N+S Nature System**, your new ally to improve your health through nutrition.

Menopause is a natural stage in woman's life. This stage starts with the complete cessation of ovarian function and a progressive decrease of estrogens.

This hormone decrease may cause hot flushes, night sweats and reddening.

These symptoms may cause mood alterations which provoke irritation, nervousness and sleeping disturbances.

**N+S Menopause** is particularly recommended to improve life quality when menstrual cycle has completely ceased.

**Soy isoflavones** (*Glycine max.*): herbal substances acting as estrogenic receptors' selective modulators, which allow them to balance woman's hormones and thus relieve menopause symptoms.

**Hawthorn flavonoids** (*Crataegus laevigata*): a natural remedy for occasional irritability.



**USE AS DIRECTED:** Take one tablet a day with a glass of water. Do not take this supplement if you are allergic to any of the components.

NUTRITION FACTS		
	Per tablet	Per 100g
Calories	1.6 Kcal (6.6 KJ)	253 Kcal (1044 KJ)
Proteins	0.02 g	3.4 g
Carbohydrates	0.16 g	25 g
Fats	0.014 g	2.2 g
Dietary fibers	0.38 g	60 g

**INGREDIENTS:** bulking agents (microcrystalline cellulose and dicalcium phosphate); soy extract (*Glycine max* [L.] Merrill); soy isoflavones (30% aglicons: genistein and daisein); hawthorn (*Crataegus laevigata* [Poiret] DC.); gelling agent (carboxy methylcellulose); stabilizer (hydroxypropylmethylcellulose and magnesium stearate); anti caking agent (silicon dioxide and stearic acid); coating agent (PEG 6000); food colorants (E171, E120, E132).